

John Smitka's Martial Arts Training History:

1991 Kyokushin Karate, Ikebukuro, Tokyo, Japan
2001-2002 Shotokan Karate, Shotokan Martial Arts Center, Lexington, VA
2002-2005 Kendo, Waynesboro YMCA Kendo Club, Waynesboro, VA
2005 Kuniba-Ha Shito-ryu Karate, Cash's Dojo, Buena Vista, VA
2005 Nishio Aikido, Susono City Community Dojo, Susono City, Shizuoka Prefecture, Japan
2005 Kendo, Numazu Shiritsu Daiichi JHS, Numzau City, Shizuoka Prefecture, Japan
2006-2011 Shin Shin Toitsu Aikido, Elkton Ki Aikido, Elkton, VA
2006-2009 San Shin Kai Muso Shinden Ryu Iaido, Elkton Ki Aikido, Elkton, VA
2006 - 2009 Zen Nihon Kendo Renmei Seitei-Gata Iaido, Elkton Ki Aikido, Elkton, VA
2006 Kendo, Halterman Karate, Harrisonbug, VA
2007-2011 Kendo, James Madison University Kendo Club, Harrisonburg, VA
(Founder, President, Head Instructor)
2010 Goju-ryu Karate, Halterman Karate, Harrisonburg, VA
2013 Kendo & Systema, Building Bridges Afterschool Program,
Natural Bridge Elementary School, Natural Bridge, VA (Instructor)
2012-2014 Kendo, Virginia Tech Kendo/Kumdo Club, Blacksburg, VA
2013 Systema, Lexington Systema, Lexington, VA
2013-2014 Aikikai Aikido, Roanoke Budo Kai, Roanoke, VA
2013-2014 Vasiliev Systema, Roanoke Systema, Roanoke, VA
2014 Kendo, Kyoshinkan dojo (拱辰館道場), Yukuhashi City, Fukuoka Prefecture, Japan
2014 Kendo, Renshinkan dojo (錬心館道場), Yukuhashi City, Fukuoka Prefecture, Japan
2014-2015 Shinpukai Aikido, Kanda Community Dojo, Kanda City, Fukuoka Pref., Japan
2015 Kendo, Shutokukan, Iizuka-shi Honami Budojo (修徳館, 飯塚市穂波武道場),
Iizuka City, Fukuoka Prefecture, Japan
2016-2017 Vasiliev Systema, Fukuoka Systema, Fukuoka City, Fukuoka Prefecture, Japan
2017 Shoheijuku Aikido, Shoheijuku Tenjin Dojo, Fukuoka City, Fukuoka Prefecture, Japan
2017-2018 Aikikai Aikido, Staunton Aikikai, Staunton, VA
2017-2019 Kendo, Roanoke Kendo Club, Roanoke, VA (Assistant Instructor)
2018-Present Dojo-cho, Staunton Kendo, Iaido, Jodo (Staunton, VA)
2018-Present Kendo, Staunton Kendo, Iaido, Jodo (Staunton, VA)
2018-Present Seitei Iaido, Staunton Kendo, Iaido, & Jodo (Staunton, VA)
2019-Present Seitei Jodo, Staunton Kendo, Iaido, & Jodo (Staunton, VA)
2021-2022 Kendo, UVA Kendo club, Charlottesville, VA (Outside Advisor)
2021-Present Shinto Muso ryu, Staunton Kendo, Iaido, & Jodo (Staunton, VA)
2021-Present Kendo, VA Tech Kendo/Kumdo club, Blacksburg, VA (Outside Advisor and
visiting instructor)

Has also trained with various other groups in the United States, Canada, Japan, and Israel.